

# Helen Keller

## Backpack for Hunger

### Pilot Program

A good idea is to print off this page, and put on your fridge with a magnet. When you create your grocery list please consider adding one or two of the items detailed for your child's grade level with your weekly grocery purchases.

If all who can; simply purchase one extra item a week, this program will be a huge success. It will benefit all Keller students, not just those who receive the food.

Please send food items to school with your child. Each classroom has a box in it to collect these food items.

**Kindergarten:** Tuna, applesauce cups, Fish or Ritz Crackers, raisons

**First Grade:** Canned Chicken, macaroni and cheese, Fish or Ritz Crackers, Microwave popcorn

**Second Grade:** Instant oatmeal, saltine crackers, soups and chili's

**Third Grade:** Spaghettios, peanut butter, jams or jellies, pudding cups,

**Fourth Grade:** Ravioli, low sugar cereals like Cheerios, 100% fruit juices, protein bars, powdered milk

**Fifth Grade:** Soups and Stews, Fruit cups, low sugar cereals like Cheerios

**Sixth Grade:** Easy Mac, graham crackers, fruit snacks, granola bars

**Helen Keller PTA thanks you for your help!**